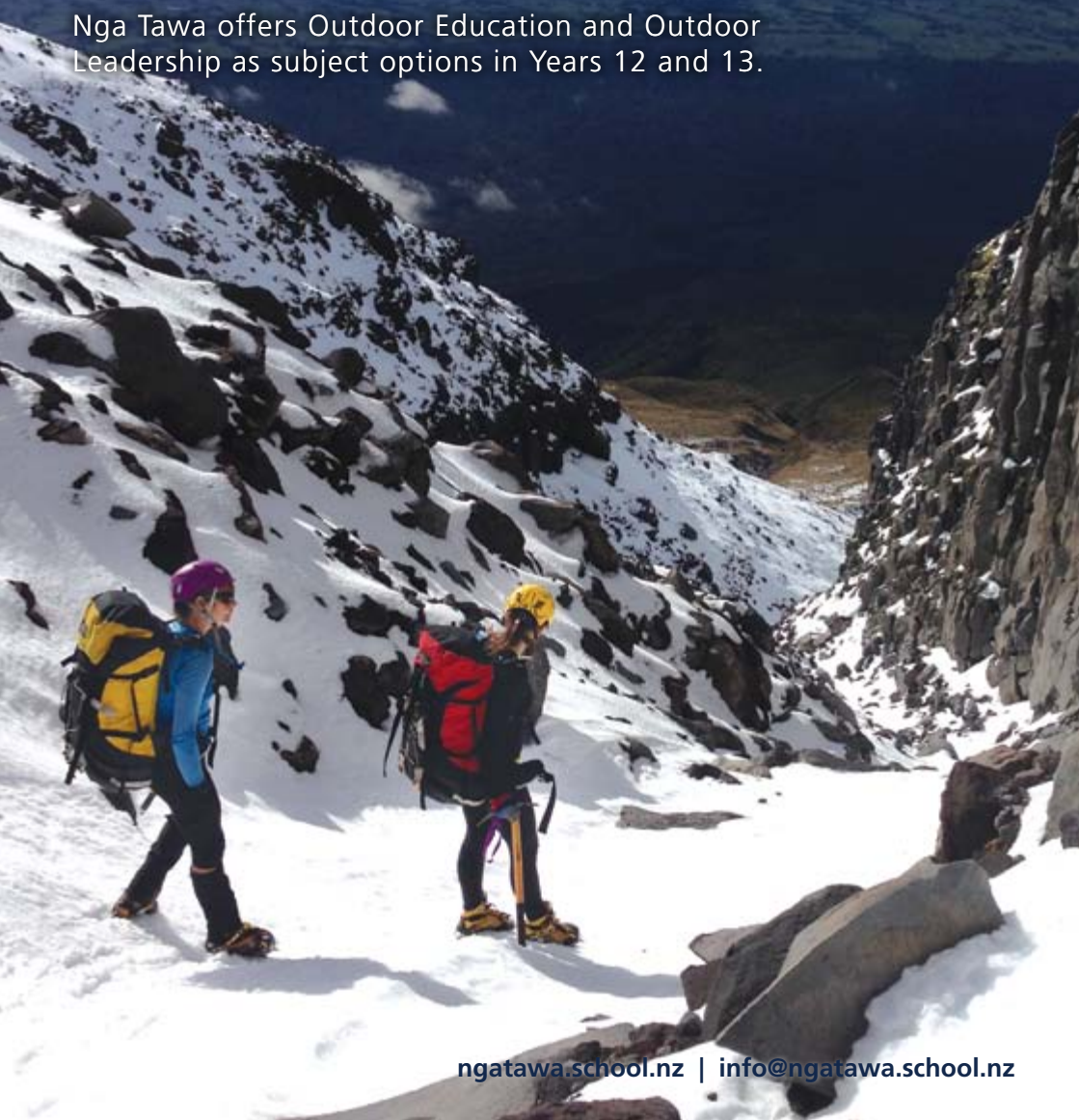




NGA TAWA
DIOCESAN SCHOOL

NGA TAWA OUTDOOR EDUCATION ACADEMY

Nga Tawa offers Outdoor Education and Outdoor Leadership as subject options in Years 12 and 13.





Our Outdoor programme builds self-confidence, encourages students to work as a team, take on new challenges, learn new skills and introduces them to amazing experiences in the outdoor environment right at our doorstep.

Our girls have the opportunity to journey our rivers in rafts, kayak lakes, climb amazing rock in the heart of the North Island and walk in our pristine bush whilst learning how to be self-sufficient.

We walk the great trails of the Tararuas and Mt Taranaki, camp out in the bush, sit around the campfire telling stories of the days adventures and enjoy being amongst nature.

LEVEL 2 OUTDOOR EDUCATION

This course focuses on learning practical skills for tramping, camping, rock climbing, abseiling, rafting and adventure based learning. Theory subjects integrated into practical subjects are weather, risk management and leadership. This learning leads into the Level 3 Outdoor Leadership. See possible career opportunities below.

Credits on offer: 23 credits

Unit based standards all internally assessed

LEVEL 3 OUTDOOR LEADERSHIP

This course focuses on mastering practical skills such as rock climbing, kayaking, tramping, river crossing, survival, caving and adventure based learning. Integrated into these practical subjects are risk and safety management, event management and leadership. Classes are approximately 60% practical and 40% theory.

This course will challenge students to develop leadership skills as they lead others through low risk outdoor education activities and take their Level 2 practical skills further.

Credits on offer: 28 credits

Unit based standards all internally assessed

Future study and career options

The Level 3 course can assist students on the way to further study/careers in:

- Adventure Tourism
- Outdoor Instructor / Teacher
- Sea Kayak Guiding
- Outdoor Camp Leaders
- White-water Raft Guiding
- Bushwalking Guiding
- Outdoor Education Tertiary Courses
- Eco Tourism

COURSE FEES

The course costs approximately NZ\$500.00 per annum.

This covers the use of outside providers and instructors, gear hire and field trip costs.

Your daughter will also require some specific items of clothing and a tramping pack as per the provisional gear list provided.

Outdoor Education Provisional Gear List

Tramping pack - 60 litres x1
Tramping boots or sturdy footwear x1
Waterproof rain jacket - seam sealed x1
Waterproof trousers x1
Fleece/jersey x1
Thermal top long sleeved x 2
Thermal bottoms x 2
Woollen socks x 3
Woollen or fleece hat x1
Sleeping bag x1
Head torch x1
Wetsuit (spring suit is suitable) x1

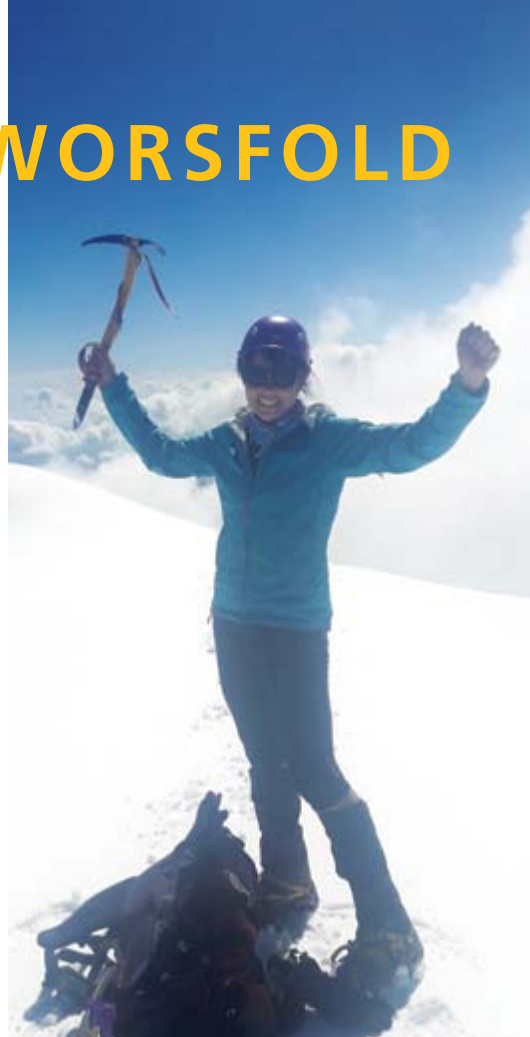
CHRISTINE WORSFOLD

COURSE DIRECTOR

Christine has always been passionate about seeing young people develop through outdoor education, in particularly the rewards it reaps for young women.

A registered teacher and highly qualified Outdoor Instructor, Christine brings over 25 years in the outdoor teaching profession to Nga Tawa. Originally from the Wairarapa, Christine attended Otago University before progressing to teach, manage and develop outdoor programmes at Taranaki Outdoor Pursuits and Education Centre, Taranaki Polytechnic, Sport Taranaki, the West Coast's Tai Poutini Polytechnic and various schools in New Zealand and Canada. Christine has also worked as a technical expert for outdoor audits, assisted in writing specific outdoor NZ Activity Safety Guidelines and delivered Tourism Industry Association workshops for Outdoors Mark audits. She also assesses for Skills Active and NZOIA. Her extensive knowledge and experience is integral to the outdoor education programme at Nga Tawa.

- Bachelor of Physical Education and Diploma of Teaching
- New Zealand Outdoor Instructor Association (NZOIA) qualifications:
 - Rock Level 2
 - Sea Kayak Level 1
 - Kayak Level 1
- Skills Active Bush Level 4
- Grade 2 Raft Guiding qualifications
- Pre Hospital Emergency Care First Aid



“I believe experiences in the outdoors stay with you for life, rewarding you with personal growth, leadership and team spirit. New Zealand is a wonderland of inspiration just waiting for young women to get amongst and discover their potential.”